



# CLUB GARIN

## Sport & Active Recreation

### 2022 Handbook



*Girls A Volleyball Team  
Runners-Up New Zealand Secondary Schools National Volleyball Championships 2021  
(Div 3)*



*Senior Boys Tennis Team  
Winner, Tasman Secondary Schools Senior Tennis Championships 2022*

**Garin College welcomes the support and involvement of parents and the wider community in our sports programme. If you would like to get involved, please contact Martine McCabe, Sports Coordinator on 543 9488.**



## Sports Administration & Leadership

**Sports Coordinator:** Martine McCabe

**2022 Sports Leaders:** Grace Roberts and Ruairí Moorhead

**Year 10 Sports Ambassadors:**

Twelve Year 10 students are appointed to assist with the running of several sports events held each year by St Paul's Primary School.



*Waiting for play - frost on the Garin College rugby field*



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## Club Garin Overview

Garin College encourages and supports student participation in co-curricular activities, namely sport, the arts, Christian service and the College's Year 9 - 13 journey programme.

Involvement in co-curricular activities helps to nurture holistic development, which is integral to each student's Hauora - that is their spiritual, social, mental, emotional and physical wellbeing, or wairua ora.

Student participation in co-curricular activities also enhances learning - ako, and bolsters their connection to our Garin College community - whanaungatanga.



*Equestrian Team - Tasman Secondary Schools Equestrian Championships, 2022*



## Co-curricular Programme Objectives

- To provide accessible and inclusive activities that nurture the capacity of each student to reach their potential.
- To provide co-curricular opportunities that are sustainable, align with the Garin College strategic plan, mission and values, and meet all applicable regulatory requirements.
- To nurture the development of leadership, resilience and wellbeing amongst all students.
- To foster school spirit by promoting a sense of belonging and pride in representing Garin College.
- To support students who demonstrate exceptional ability in sports and other co-curricular activities by helping to develop a pathway for future success.
- To promote co-curricular activities as an integral part of school life and nurture a lifelong love of sport, the arts and other activities.
- To encourage, acknowledge and celebrate individual and collective efforts and successes.
- To welcome the involvement of staff, parents, whānau and community organisations in the college's co-curricular programme.



*Capped Garin College students of the Waimea Combined 1st XV Rugby Team*



## Sport at Garin College

**A successful college sport programme for each code requires:**

- A suitable team coach and a competent team manager
- A sufficient number of students to form a team
- A commitment to pay fees on time and obtain the correct playing kit
- Acceptance of the school's sports policies and code of conduct
- The support of parents, whānau and the wider Garin College community

## Expectations of Students

- To be selective in the sports you choose
- To know the demands and commitments the sport requires of you
- To commit wholeheartedly to the sports you play
- To observe the school's sports policies and code of conduct requirements

## Sports Scholarships

Scholarships are available to athletes who have been selected for a representative team or have achieved outstanding success as an individual at regional or national level. Successful applicants are expected to be fully involved in the Garin sports programmes, demonstrating a commitment to both their individual sport and the wider sporting culture within the college. The scholarship will cover all regular attendance fees at the College including uniform, curricular donations, associated learning and the Catholic School Board fee. Consideration will also be given to a percentage of Boarding Fees where applicable.

## International Students

International students are integral to the student body and are welcome to join Garin College sports teams. We value the contributions our international students make to sport and encourage their participation as a means to further enhance their experience of life in New Zealand.



## Sports Policies

### No Pay, No Play

Garin College has a strict 'no pay, no play' policy. If fees are prohibitive, students are encouraged to consider applying for assistance from the Financial Scholarship programme available to Garin College students.

### Playing for Clubs or Other Schools

Students of Garin College are expected to play sports for Garin College. Special exemptions may apply under the following situations:

- If we do not offer your sports code, you may play for a club.
- If we offer the code but do not cater for your ability, you may seek permission to play for a club.
- If we do not have enough players to form a team, Garin students may combine with another school to field a composite team, subject to permission being granted by both schools.

In all cases permission should be sought from the Sport Coordinator, and in some cases the Principal.

### Junior Students Playing for Senior Teams

Junior students are expected to play with their cohort peers. If a junior student is selected to play for a senior representative school team, the student is not permitted to subsequently return to the junior representative team.

### Feedback on Sport

Should a student's parent, guardian or whānau have a concern, complaint or suggestion regarding their child's involvement in sport organised by the college, contact with the Sports Coordinator is encouraged in the first instance. Depending on the nature of the feedback, the matter may be handled internally, or referred to the regional sports organisation of the relevant code for follow up.



## Fair Play Principles

**Garin College supports and promotes the ideals of fair play.**

### **What does fair play mean?**

Fair play is much more than something we see or do on the sports field. It encompasses players' on and off field conduct, and the environment we create for young people in which they can experience team spirit, challenge, and success in sport.

### **Fair play is about:**

Respect - for the opposition, officials and the rules of the game  
Composure - staying calm no matter what happens  
Dignity - being gracious in victory and in defeat  
Enjoyment - relishing the opportunity to participate and compete

## Athletes Code of Conduct

**Good sport is about being positive. This means playing your part and playing fair. In agreeing to play sport for Garin College you are making a commitment to abide by the school's Athletes Code of Conduct.**

**I agree to the best of my ability that I will:**

- Play by the rules
- Never argue with an official
- Work hard to do my best at all times
- Turn up to practices with a positive attitude
- Be a good sport and recognise good players and good plays by all involved
- Remember to thank my coach, the officials, the opposition and supporters
- Help others in my team whenever I can
- Avoid putting people down or bullying them
- Be committed to my sport, my team and my coach



## Coaches Code of Conduct

**Good sport is about a positive attitude. As a coach you set the standards. Play your part to help make each game a success - play fair.**

**To the best of my ability I will:**

- Set high standards of personal behaviour for myself, and for those I coach to emulate
- Give each player the same amount of my attention and time
- Ensure my coaching programme is progressive and developmental for all of my athletes
- Ensure that every player who meets all requirements, such as registration, attending practice and obtaining the correct kit, has game time, ideally each week
- Never argue with the referee, encourage cheating or make excuses for losing
- Always be positive. Never shout at or ridicule players
- Respect players' efforts regardless of whether they have won or lost
- Encourage respect for the opposition and officials
- Keep winning and losing in perspective by staying focused on the importance of personal challenge and enjoyment
- Coach in the positive, not the negative



*Badminton Team - Tasman Secondary Schools Badminton Championships 2022*



## Parents Code of Conduct

**Good sport is about a positive attitude. You can set the right tone to help make it a success. Play your part - play fair.**

**To the best of my ability I will:**

- Encourage my child, and the children of other people, in their efforts in sport
- Insist that my child plays within the rules and adheres to the principles of fair play
- Respect my child's efforts regardless of whether they won or lost
- Display self-control on the sideline, always be positive and never shout at or ridicule players
- Watch my child and encourage them to enjoy playing
- Show my appreciation to people who volunteer their time so my child can play
- Remember that my child plays sport for their reasons, not mine
- Be a positive role model for my child
- Never place undue pressure on my child to play or perform
- Make an effort to understand the rules of the game

## Officials Code of Conduct

**Good sport is about a positive attitude. You can set the right tone, and help make the game a success. Play your part - play fair.**

**To the best of my ability I will:**

- Control the game in a fair and positive manner
- Be consistent and fair in my decisions
- Modify my approach to suit the participants' level of ability
- Help players understand the rules by explaining decisions where appropriate
- Do what I can to make sure that everyone enjoys the game - including myself
- Encourage fair play and not tolerate foul play of any kind - always be firm and friendly.



## Supporters Code of Conduct

**Good sport is about a positive attitude. You can set the right tone, and help make the game a success. Play your part - play fair.**

**To the best of my ability I will:**

- Respect that people are involved in sport for fun and enjoyment
- Support good play and applaud good performance from all competitors
- Attempt to understand the rules of the game
- Learn the difference between supportive and abusive comments and rule out the latter
- Accept the decisions of officials and coaches
- Display self-control on the sideline. Always be positive. Never shout at or ridicule players
- Show my appreciation to people who volunteer their time to make sport happen
- Remember that we are all capable of making mistakes



*Garin College - Queen Charlotte College Sports Exchange 2022*



## Sport & Active Recreation Programme

### Summer Sports (Term 1 and Term 4)

- |                        |                             |
|------------------------|-----------------------------|
| ● Cricket              | TiC: Mr Kersten & Mr Foster |
| ● Volleyball           | TiC: Mr Marshall            |
| ● Adventure Racing     | TiC: Mr Speers              |
| ● Ki O Rahi            | TiC: Mr Speers              |
| ● Hockey               | TiC: Mr Kersten             |
| ● Yoga                 | Administrator: Ms McCabe    |
| ● Sailing              | Administrator: Ms McCabe    |
| ● Athletics            | Administrator: Ms McCabe    |
| ● Baseball             | Administrator: Ms McCabe    |
| ● Softball             | Administrator: Ms McCabe    |
| ● Tennis               | Administrator: Ms McCabe    |
| ● Rowing               | Administrator: Ms McCabe    |
| ● Touch Rugby (Term 4) | Administrator: Ms McCabe    |

### Winter Sports (Term 2 and Term 3)

- |               |                          |
|---------------|--------------------------|
| ● Football    | Administrator: Ms McCabe |
| ● Rugby Union | Administrator: Ms McCabe |
| ● Netball     | Administrator: Ms McCabe |
| ● Hockey      | TiC: Mr Kersten          |
| ● Basketball  | Administrator: Ms McCabe |
| ● Badminton   | Administrator: Ms McCabe |
| ● Skiing      | TiC: Mr Pimm             |

Note: TiC denotes Teacher in Charge

### 2022 Term Dates

Term 1: 3 Feb to 14 Apr	Term 2: 2 May to 8 Jul
Term 3: 25 Jul to 30 Sept	Term 4: 17 Oct to 13 Dec



## Tasman Secondary School Events

Garin College enters teams and individual students in regional championship events. For team sports, students are eligible to participate if they are a member of a Garin College team. For individual sports, students must demonstrate a commitment to the sport by participating in it on a frequent and regular basis to a high standard.

The Tasman Secondary School Sport 2022 Event Calendar is available on the Sport Tasman website; [www.sporttasman.co.nz](http://www.sporttasman.co.nz)

## New Zealand Secondary School Sports Council Events

Garin College supports eligible teams and individual students in participating in NZSSSC events.

The New Zealand Secondary School Sports Council Events Calendar is available on the NZSSSC website, [www.nzsssc.org.nz](http://www.nzsssc.org.nz)



## Other Sports

Garin College students have participated in various sports through a club or outside organisation affiliated with the college. Examples include lawn bowls, croquet, squash and softball.

Students are also supported in entering regional and national secondary school events in sports not offered by the school. Examples include swimming, table tennis, equestrian and squash.

## Introducing a New Sports Code

For a sports code to be viable, there must be a sufficient number of interested players and support in the form of parental involvement.

If there is a clear demand for a sport we do not currently offer we will investigate the feasibility of its introduction.

## Contact Information

Martine McCabe, Sports Coordinator  
Email: [martinemccabe@cloud.garincollege.ac.nz](mailto:martinemccabe@cloud.garincollege.ac.nz)  
Phone: 03 543 9488



## Milestones

**2022:**

**Athletics:**

*Flynn Mackie* won silver in the U14 boys 200m and gold in the U14 boys 100m relay at the North Island Colgate Games.

**Cycling:**

*Cameron Beaumont* selected for the New Zealand U19 team for the UCI Nations Cup held in Canada

**Cross-Country Running:**

*Sebastian Fitzgerald* won the Year 9 boys TSS Cross Country Championships held at Saxton Fields

**Swimming:**

*Finn Russ* selected for the New Zealand Para S14 swimming team to compete at the Asia Oceania Virtus Games in Brisbane.

*Sophie Pahl* won gold in the 12 - 14 year old category of the Banana Boat Ocean Swim Series - La Grande swim event and bronze in the Makos New Zealand Secondary Schools Open Water Swimming Championships.

**Tennis:**

*Harry Pugh* ranked No. 1 New Zealand U16 boy in singles and doubles and gained selection for the U16 Junior Davis Cup team. Competed at the ITF U18 Clay tournament in Mornington, Australia and the ITF U18 hard court tournament in Auckland.

**Volleyball:**

Garin College Boys A volleyball team defeat Nayland College B to have their name engraved on the Tasman Div 1 Boys (Ross Baldwin) Championship Trophy.



## **2021:**

### **Tennis:**

*Harry Pugh* won National Champion in the mixed doubles and U17 teams event, and placed runner-up in the singles event.

### **Swimming:**

*Finn Russ* won 2 bronze medals at the New Zealand Short Course Championships and 3 gold and 1 silver medals at the New Zealand Age Group Championships and set a national record for the U16 50m fly S14 at age 14 years.

*Abbey Smale* gained 1st place in the New Zealand Open Water 1500 freestyle, 2nd in the 800m freestyle and 1st in the Ocean Swims Series; 2nd place in the 10km Open Women's New Zealand Open Water Championships and 1st in the 15 - 17 year old category and 2nd in the 5km women's New Zealand Open Water Championships.

### **Volleyball:**

*Garin College Girls A volleyball team* place 2nd in Div 2 at the New Zealand Secondary Schools National Championships held in Palmerston North