

Mental Health Awareness Week Timetable Week 10 Term 3

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| Monday | School Closed |
| Tuesday Wairua/spiritual | Mental Health Awareness whānau quiz. Lunchtime: Yoga Workshop in the gym Faith-based workshop - “Iron sharpens iron” Petanque Competition |
| Wednesday Whanau/Social and Tinana/Physical | School-wide compliments activity. Lunchtime: Jump jam with Hauora leaders / Sports captains and Te Whare Tapa Wha ball game in the gym |
| Thursday Emotional/Hinengaro | Lunchtime: Therapeutic colouring in the library Sue Kersten Can you run this? Bake sale in R Block - Proceeds going to Mental health foundation |
| Friday Gumboot Friday | Mufti Lunchtime: Bake Sale in R Block - Proceeds going to Gumboot Friday. Gumboot toss on the field and Band. |

