



Te Kāreti o Garin
Faith & Wisdom



GARIN WELLBEING-HAUORA HUB



**LEAD
COUNSELLOR**

**SUE
KERSTEN**

Kia ora, I'm Sue. I'm here to support and encourage you. Sometimes life gets tough, together we will find a way through.



COUNSELLOR

**MELINDA
BRADSHAW**

Kia ora, I am Melinda. If anything is bothering you and you want a safe place to talk about it, please contact me. You'll find I'm friendly and caring. You'll always be welcome.



COUNSELLOR

**NICKY
VAN DE
GEEST**

Kia ora, My name is Nicky and I am an outgoing, easy to talk to person, who is also a good listener. I have a strength based approach to counselling, that enables you to see yourself from a strength based perspective. We are all unique individuals, who experience and carry a lot. Some of what we carry are worries and concerns, anxiety and stress. You are not alone, space is given to share and unpack those issues. Receive support, encouragement and tools for life moving forward.



**STUDENT
COUNSELLOR**

**STEFFEN
POEPJES**

Kia Ora I am Steffen. My hope is that everyone that I interact with is empowered to be the best versions of themselves. We are created to do life in community. Celebrating successes and shoulder burdens together. Come as you are and let your light shine.



**LUKE DE
JONG**

Kia ora e hoa, My name is Luke. I grew up in Te Upoko o te Ika a Maui (Wellington) and currently living in Anakiwa. My intention as a counsellor is to help create an environment where you can connect and express your thoughts and feelings, and in doing so work with you on the journey towards your best self.



COUNSELLOR

**LUCA
GATTO**

My name is Gianluca, or Luca. I'm an Italian from Venice who has been in sunny Nelson since 2012. I grew up in a multicultural environment that led me to appreciate new and different narratives. I enjoy reading good books, playing music, and stargazing at the majestic New Zealand sky. By raising your self-awareness, you learn to manage your decisions wisely, which empowers you to deal with any challenge. This results in a rich and fulfilling life.



**AOD
CLINICIAN**

**JAY
BLAZEK**

Kia ora, I am Jay. I am here to listen, answer questions and support you regarding alcohol and other drugs concerns. This is a confidential service where you can safely learn how to make informed decisions or positive changes.



**Scan here to
make an
appointment**

**EMAIL SUE - SUEKERSTEN@GARINCOLLEGE.NZ TO SPEAK TO ANY OF THE
COUNSELLORS**